

## Southern Africa Tour | Fully Escorted Africa Tour for Seniors

### Reading List

#### **Diamonds, Gold, and War: The British, the Boers, and the Making of South Africa**

by Martin Meredith

Southern Africa was once regarded as a worthless jumble of British colonies, Boer republics, and African chiefdoms, a troublesome region of little interest to the outside world. But then prospectors chanced upon the world's richest deposits of diamonds and gold, setting off a titanic struggle between the British and the Boers for control of the land. The result was the costliest, bloodiest, and most humiliating war that Britain had waged in nearly a century, and the devastation of the Boer republics. The New Yorker calls this magisterial account of those years "[an] astute history.... Meredith expertly shows how the exigencies of the diamond (and then gold) rush laid the foundation for apartheid."

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#### **Long Walk to Freedom: The Autobiography of Nelson Mandela**

by Nelson Mandela

Nelson Mandela is one of the great moral and political leaders of our time: an international hero whose lifelong dedication to the fight against racial oppression in South Africa won him the Nobel Peace Prize and the presidency of his country. Since his triumphant release in 1990 from more than a quarter-century of imprisonment, Mandela has been at the center of the most compelling and inspiring political drama in the world. As president of the African National Congress and head of South Africa's antiapartheid movement, he was instrumental in moving the nation toward multiracial government and majority rule. He is revered everywhere as a vital force in the fight for human rights and racial equality.

LONG WALK TO FREEDOM is his moving and exhilarating autobiography, destined to take its place among the finest memoirs of history's greatest figures. Here for the first time, Nelson Rolihlahla Mandela tells the extraordinary story of his life--an epic of struggle, setback, renewed hope, and ultimate triumph.

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#### **A History of South Africa**

by Leonard Thompson

A magisterial history of South Africa, from the earliest known human inhabitation of the region to the present. Lynn Berat updates this classic text with a new chapter chronicling the first presidential term of Mbeki and ending with the celebrations of the centenary of South Africa's ruling African National Congress in January 2012.

"A history that is both accurate and authentic, written in a delightful literary style."—Archbishop Desmond Tutu

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### **Short-Changed?: South Africa since Apartheid**

by Colin Bundy

What have been the most significant developments—political, social, economic—in South Africa since 1994? How much has changed since the demise of apartheid, and how much remains stubbornly the same? Should one celebrate a robust democracy now two decades old, or lament the corrosive effects of factionalism, greed, and corruption on political life? Colin Bundy tries to answer such questions, while avoiding simplistic or one-sided assessments of life under Mandela, Mbeki, and Zuma. He recognizes real advances under ANC rule but also identifies the limits and contradictions of such progress. Bundy demonstrates, too, how the country's past permeates the present, complicating and constraining the politics of transition, so that genuine transformation has been short-changed.

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### **Country of My Skull: Guilt, Sorrow, and the Limits of Forgiveness in the New South Africa**

by Krog, Antjie

Ever since Nelson Mandela dramatically walked out of prison in 1990 after twenty-seven years behind bars, South Africa has been undergoing a radical transformation. In one of the most miraculous events of the century, the oppressive system of apartheid was dismantled. Repressive laws mandating separation of the races were thrown out. The country, which had been carved into a crazy quilt that reserved the most prosperous areas for whites and the most desolate and backward for blacks, was reunited. The dreaded and dangerous security force, which for years had systematically tortured, spied upon, and harassed people of color and their white supporters, was dismantled. But how could this country—one of spectacular beauty and promise—come to terms with its ugly past? How could its people, whom the oppressive white government had pitted against one another, live side by side as friends and neighbors?

To begin the healing process, Nelson Mandela created the Truth and Reconciliation Commission, headed by the renowned cleric Archbishop Desmond Tutu. Established in 1995, the commission faced the awesome task of hearing the testimony of the victims of apartheid as well as the oppressors. Amnesty was granted to those who offered a full confession of any crimes associated with apartheid. Since the commission began its work, it has been the central player in a drama that has riveted the country. In this book, Antjie Krog, a South African journalist and poet who has covered the work of the commission, recounts the drama, the horrors, the wrenching personal stories of the victims and their families. Through the testimonies of victims of abuse and violence, from the appearance of Winnie Mandela to former South African president P. W. Botha's extraordinary courthouse press conference, this award-winning poet leads us on an amazing journey.

Country of My Skull captures the complexity of the Truth Commission's work. The narrative is often traumatic, vivid, and provocative. Krog's powerful prose lures the reader actively and inventively through a mosaic of insights, impressions, and secret themes. This compelling tale is Antjie Krog's profound literary account of the mending of a country that was in colossal need of change.

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## **Africa: A Modern History**

by Guy Arnold

The end of the Second World War signalled the rapid end of the European African empires. In 1945, only four African countries were independent; by 1963, thirty African states created the Organization of African Unity. Despite formidable problems, the 1960s were a time of optimism as Africans enjoyed their new independence, witnessed increases in prosperity and prepared to tackle their political and economic problems in their own way.

By the 1990s, however, the high hopes of the 1960s had been dashed. Dictatorship by strongmen, corruption, civil wars and genocide, widespread poverty and the interventions and manipulations of the major powers had all relegated Africa to the position of an aid 'basket case', with some of the world's poorest and least-developed nations.

By exploring developments over the last fifteen years, including the impact of China, new IT technology and the Arab Spring, the rise of Nigeria as Africa's leading country and the recent refugee crisis, Guy Arnold brings his landmark history of modern Africa up to date and provides a fresh and insightful perspective on this troubled and misunderstood continent.

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## **Long Walk To Freedom**

by Nelson Mandela

'The authentic voice of Mandela shines through this book . . . humane, dignified and magnificently unembittered' *The Times*

The riveting memoirs of the outstanding moral and political leader of our time, *Long Walk to Freedom* brilliantly re-creates the drama of the experiences that helped shape Nelson Mandela's destiny. Emotive, compelling and uplifting, Nelson Mandela became the democratically elected, first black president of the republic of South Africa on 27 April 1994. *Long Walk to Freedom* is the exhilarating story of an epic life; a story of hardship, resilience and ultimate triumph told with the clarity and eloquence of a born leader.

'Burns with the luminosity of faith in the invincible nature of human hope and dignity . . . Unforgettable' Andre Brink

'Enthralling . . . Mandela emulates the few great political leaders such as Lincoln and Gandhi, who go beyond mere consensus and move out ahead of their followers to break new ground'  
Donald Woods, *Sunday Times*

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### **After Mandela: The Battle for the Soul of South Africa**

by Alec Russell

When Nelson Mandela and the African National Congress declared victory over the bitter injustice of apartheid, some thought South Africa's future was assured. But despite Mandela's mission of reconciliation, rampant inequality remains; race relations are uneasy, violence is endemic and many in the ANC appear to have lost sight of the liberation ideals. With the election in 2009 of Jacob Zuma, a charismatic populist embroiled in scandal, uncertainty over the trajectory of the nation has only intensified.

South Africa now stands at a crossroads, and award-winning journalist Alec Russell draws on his deep knowledge of the country to tell us how it got there and to give us a compelling account, revised and updated for this edition, of the journey from Mandela to Zuma.

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