



From  
**\$19,880** AUD

Single Room

\$21,925 AUD

Twin Room

\$19,880 AUD

Prices valid until  
30th December 2025

**17 days**

Duration

**Level 2 - Moderate**

Activity

## Small group tour of New Zealand exploring Wine, Food and Landscapes

Nov 03 2025 to Nov 19 2025

## Small Group tour of New Zealand; Wine, Food and landscapes

Welcome to the Land of the Long White Cloud, Aoteroa or New Zealand. A country's gastronomy is a window on it's soul. High up in the Atlas

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<https://www.odysseytraveller.com>



07-Sep-2025

mountains with the berbers it's one thing. In one of Paris's superb Brasseries, it's another. In New Zealand, it is so new and subject to so many influences, that the food scene is intensely exciting, vibrant, different. High quality food in New Zealand has in the last 20 years exploded into existence as New Zealander's have brought home things discovered in extensive travel overseas and as talented immigrants have brought their own perspectives to our very fresh and unsullied local produce. For a small group tour, this is the finest gastronomic journey, collectively we can develop and offer right now, filled with wonderful warm people, landscapes and influences from every part of the globe. Limited only by the duration of this particular small group tour. We begin this escorted small group tour for mature and senior travellers in Auckland.

Jean-Michel is Odyssey's program leader for this 18 day journey through the New Zealand landscape. This program takes in some stunning landscapes and amazing places but is not a regular tour of tourist stop after tourist stop. Whilst Odyssey Traveller small group tours of New Zealand and all around the world have a significant historical, cultural and environmental learning base this program is about wine, food, and landscapes and some excerpts from the New Zealand art movement.

On this program we start in Auckland and finish the tour in Queenstown. Visiting and exploring Auckland and surrounds to the west and the east and the harbour with a tour of Waiheke island. South it is Taupo, the Hawkes bay, Martinborough and Wellington. Cross Cook strait and onto Kaikoura, Oamaru, Pigroot and Queenstown for the finale.

The days itineraries have been thought out to allow you to enjoy, and savour New Zealand. This is a country you may have visited once or many times, you have a curiosity about the certain feeling New Zealand offers. **And this tour is one to allow you and your travelling companions as this program works well for that special celebration with a small group of friends.** The program, a collection of well balanced days avoiding excessive eating and drinking but you and a chance to travel the length of New Zealand with some special experiences and learning as part of your journey.

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## Spiritual Concepts of the Maori and Food

The Maori conception of the spiritual nature of man is a matter of considerable interest. The Maori has ever recognized an immortal element in man, which styles the wairua. Indeed, Maori may be said to have held the theory of the tripartite nature of man—body, soul, and spirit being his tinana, mauri, and wairua. Within the Marae structure each member has an assigned speciality which gets called upon for special occasions.

Tom Loughlin and his family have long specialised in food gathering and preparation. A leading chef, search and rescue tracker, sika deer manager and hunting guide. Tom is your host for one of these days. The focus will be on the preparation and eating of a Hangi- a traditional meal cooked underground on hot rocks, but can include other aspects.

Tom writes “My philosophy at Kai Waho is a simple one, deliver the experience in a natural manner that is not normally for sale. The response is reflected in the positive reaction of the Manuhiri ‘Visitors’ the appetite for real ‘IS REAL’ and ‘This is just what we have been looking for’ is a common reflection. All of my personal experiences have been exactly this, creating an emotion, a memory that is still in me years after experience”. Odyssey regards this an integral part of the experiences on this touring program.

## Local guides in Food, Wine and Landscapes share their knowledge.

This small group tour will be accompanied by an Odyssey tour guide and are joined by expert local guides who will impart their knowledge about the places we will visit. Odyssey conducts educational tours designed for small groups of mature and senior travellers, focusing on history, culture, wildlife and other areas of particular interest where the trip is taking place. A small group tour is typically between 6 to 15 people. The cost of an Odyssey Traveller guided tour is inclusive of all entrances (unless otherwise indicated), tipping, and majority of the



meals throughout the trip.

This particular tour has periods of free time built into the itinerary, allowing you explore some destinations at your own pace, and choose from a variety of available activities. This way, we make sure that there is something to enjoy for every kind of traveller.

## Accommodation

New Zealand is well known for its network of boutique lodges and small charming hotels as well as traditional hotel style accommodation types. For this program we have selected accommodation that represents good value, is close to where we need to be, has some but not many amenities that the group need and has a good reputation for looking after travellers who are visiting and finally has rooms with terrific beds to sleep in after a day in the open air. We trust you enjoy the choices we have made that are above our usual choice of hotel to stay in.

## Articles about the New Zealand published by Odyssey Traveller:

- [Questions about New Zealand](#)
- [Foundations for democracy in New Zealand: 900s – 1945](#)
- [Preparing for a walking holiday](#)

For all the articles Odyssey Traveller has published for mature aged and senior travellers, click through [on this link](#).

## External articles to assist you on your visit to New Zealand:

- [Walking and hiking New Zealand](#)
- [Great walks of New Zealand](#)

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- [Walking New Zealand \(magazine\)](#)
- [History of New Zealand](#)
- [Visit New Zealand](#)
- [One day in Wellington: City walking tour itinerary](#)

## Highlights

1. Visit Bastion Point as the dawn breaks for a Karakia
2. Explore temperate rain forest in Waitakere including the Kauri tree habitat and the west coast beach of Karekare
3. See and learn about the Uenuku, one of the oldest Maori carvings in New Zealand
4. Explore Queen Charlotte sound on a 75-year old Kauri classic launch called "Tutanekai"
5. Spend days on the South Island, West Coast, Ponamu country with senior members of local Maori

## Itinerary

### Day 1

**Locations:** Auckland

#### Overview:

Haere mai ki Aotearoa – welcome to the Land of the Long White Cloud. Upon arrival at Auckland International Airport you will meet your guide and transfer to your inner city hotel. New Zealand's largest and most multicultural city. Auckland is an urban environment where everyone lives within half an hour of beautiful beaches, hiking trails and a dozen of islands. Auckland's vast harbour, quiet islands and vibrant cityscape offer an exciting and accessible mix of urban, water and wildlife activities.

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Welcome dinner is included tonight.

**Accommodation:**

Heritage Hotel or similar

**Day 2**

**Locations:** Auckland

**Overview:**

Today we have a tour of the Waitakere ranges and a west coast Auckland beach. We stop at a food producer on the way back to the city.

Karekare Beach on the West Coast is known for its natural beauty and isolation. Auckland's West Coast is very different from the East. Dense rainforest, crashing surf, black sand, often wild weather combine to make this a very soulful, brooding, beautiful place. This is where The Piano was filmed. There are some very good bush and beach walks in the area, as well as an easily accessible waterfall.

This afternoon we have a talk on Contemporary New Zealand art at the Auckland Art gallery.

This evening we visit 3 restaurants for 3 starters...

**Accommodation:**

Heritage Hotel or similar

**Day 3**

**Locations:** Auckland

**Overview:**

Today the group heads North and up to the east coast and Matakana. The group takes in the coast, and some local food and wine places. There is a trip out to Mansion house and Governor Grey's residence. Grey had a long association with Western Australia.

**Accommodation:**

Heritage Hotel or similar



## Day 4

**Locations:** Auckland

### Overview:

The group takes a chartered yacht out into the Hauraki Gulf, head for Man o War Vineyard on Waiheke Island. There is a long lunch with tastings. The group sail back to to the Auckland CBD.  
Group Dinner tonight will be somewhere special.

### Accommodation:

Heritage Hotel or similar

## Day 5

**Locations:** Taupo

### Overview:

Depart Auckland and travel South towards the beating heart of the North Island (Taupo).

We make a stop along the way at Te Awamutu Museum to view Uenuku. An important Tainui artefact. Uenuku is one of the oldest Maori carvings in New Zealand. This carving was made using only stone tools and depicts one of the traditional Maori gods or spirits, he is said to manifest as a rainbow. Uenuku has 4 spikes at the top & 3 gaps in between which are believed to represent the 7 colours of the rainbow. The spirit of Uenuku was said to be brought to New Zealand on the Tainui canoe & this carving, made from New Zealand totara, was made here to contain this spirit. The spirit, brought here in a stone, was said to have sat in top circular part of Uenuku.

The Great Lake Taupo region is 'Nature's Ultimate Playground', centrally located in the middle of the North Island, it's an adventure and sporting mecca and a nature-lover's paradise. The region is one of New Zealand's top tourist destinations with beautiful forests, volcanic mountains and the stunning Lake Taupo.

The group travel onto Mount Titiraupenga for a powhiri followed by a traditional picnic lunch.

### Accommodation:

Hilton Taupo or equivalent.





## Day 6

**Locations:** Awakiri

### Overview:

Today we travel onto Awakiri. We spend the day with Tom Loughlin. Awakiri is a special 5,000 acre piece of Maori land with a unique mix of Maori culture and some of the best foraging (trout fishing, sika deer hunting, eeling and plant foraging) in the world, let alone the country. Your guide and host for the day is a Search and Rescue tracker, Maori chef, crack shot and all around good bloke.

Jean-Michel has been working with Tom Loughlin for over ten years. In that time he has managed this 5,000 acre block of Maori land with conservation principles uppermost in his thinking. The local sika deer population has been managed together with leading conservationists resulting in one of the healthiest groupings of that deer in the world. Ditto with the barely touched trophy trout stream. The eel population (a long-time Maori staple) has always been healthy.

Prolonged time here will incorporate a Maori-centric view on best practice for managing land. It will include authentic Maori cuisine. It will include exploration of this special part of the world. And it can but does not necessarily need to include some of the best Sika deer hunting and trout fishing in the world.

Over the years, Tom has used this land to mentor youth as to the importance of Maori principles in conservation. And with our clients that has transferred naturally to teaching. We can use this backdrop to teach tracking; trapping; shooting; meat preparation; fishing; and cooking. On request we can of course extend this line-up.

And from Tom himself:

My philosophy at Kai Waho is a simple one, deliver the experience in a natural manner that is not normally for sale. The response is reflected in the positive reaction of the Manuhiri 'Visitors' the appetite for real 'IS REAL'. This is just what we have been looking for' is a common reflection. All of my personal experiences have been exactly this, creating an emotion, a memory that is still in me years after experience.

The Awakiri Expedition as an opportunity to explore how important relationships and life's values are. All key ingredients in 'Te Ao Maori' The Maori world. The Awakiri Expedition is not only the tented camp





where you will eventually arrive, but also the journey you take to get there, the range of activities as you make your way across Ngati Tuwharetoa tribal land, makes the whole journey itself the destination. A destination realised only when you join us and become one of us according to our tradition.

**Accommodation:**

Tented accommodation at Awakiri.

**Day 7**

**Locations:** Hawkes Bay

**Overview:**

Located at the foot of Te Mata Peak, the architecturally designed Giants Craggy range winery complex, offers a second-to-none visitor experience. Here the Cellar Door offers relaxed and intimate seated tastings, while our restaurant serves the best local and seasonal produce prepared.

We travel up onto Te Mata peak to enjoy a walk of up to an hour taking in the view, before travelling onto our accommodation for the night.

**Accommodation:**

Stay one night at the Masonic Hotel, Hawkes Bay or equivalent.

**Day 8**

**Locations:** Martinborough

**Overview:**

Today we travel through the Wairapa to Martinborough. The journey is broken with the landscape that we travel through being broken up with some short walks and exploring of the region as we travel South.

In the afternoon there is local tasting of the wines and a talk on the history of the region. Group evening meal.

**Accommodation:**

Martinborough Hotel or equivalent.



## Day 9

**Locations:** travel to Wellington

### Overview:

It is a spectacular drive to Wellington from Martborough. There will be opportunity to pause and explore along the way.

Tonight the group visits Hiakai for dinner.

Hiakai began in 2016 as a pop up series devoted to the exploration and development of M?ori cooking techniques and ingredients. M?ori were great innovators of food and land, developing their own style of earth cookery (h?ngi) and successfully adapting plants and vegetables brought with them from Hawaiki to the much colder environment of Aotearoa. Over several centuries, these methods have been passed down, refined and still feed the hiakai people of Aotearoa today.

Since launching in 2016, Hiakai has established itself as a leading innovator in the New Zealand food scene. The sophisticated boundary-pushing menus created by Chef Monique Fiso are challenging the status quo of M?ori food in New Zealand, while playing a leading role in keeping M?ori food culture alive.

Hiakai has now opened as a bricks-and-mortar restaurant in Te Whanganui a Tara, the capital of Aotearoa.

### Accommodation:

QT or similar

## Day 10

**Locations:** Wellington

### Overview:

Today, we explore Wellington, contemporary art scene with the possibility of meeting local artists as well as a Te papa museum and the city's history are explored on foot with relevant local guides.

### Accommodation:

QT or similar



## Day 11

**Locations:** Wellington

**Overview:**

Leisure day to explore Wellington, the harbour area, galleries, coffee houses and museum should you wish. Odyssey's leader will assist you with your planning for the day.

**Accommodation:**

QT or similar

## Day 12

**Locations:** Kaikoura

**Overview:**

This small group departs Wellington early on the inter islander ferry for Kaikoura. Arriving in the afternoon there is a walk of the township and its history given.

Kaikoura's environment is truly spectacular – the village is caught between the rugged Seaward Kaikoura Range and the Pacific Ocean. In winter the mountains are covered with snow, adding to the drama of the landscape. Kaikoura's special talent is marine mammal encounters – whales, fur seals and dolphins live permanently in the coastal waters. Tonight we dine as a group at the Hapuka kitchen.

We stay one night at the White Morph. Set on the Esplanade in iconic Kaikoura, The White Morph enjoys commanding views of the ocean right to the distant horizon and mountains, and gives you access to all of the region's many experiences.

**Accommodation:**

The White Morph



## Day 13

**Locations:** Kaikoura to Oamaru

### Overview:

Today is a travel day with breaks as we go South from Kaikoura to Oamaru. Key places of interest are explored on our journey.

Tonight we eat at Pen Y Bryn Lodge, where the Chef, is a master of any food style, so a custom food experience is offered.

### Accommodation:

Pen Y Bryn Lodge or similar

## Day 14

**Locations:** Central Otago to Queenstown

### Overview:

Through the Pigroot – traditional high country merino hogget roast at Lauderdale on the way through to Queenstown.

Affectionately called 'Central' by those that know it well, Central Otago is New Zealand's most inland region, located in the southern half of the South Island. Discover Central Otago, a region where you will find a stunning countryside, lakes, rivers and rolling farmland, vivid seasons and rocky, mountainous landscapes; friendly townships; a well-preserved gold heritage; award-winning wineries, recreational opportunities from fishing, mountain biking and the Central Otago Rail Trail to winter sports like curling and ice skating; and so much more.

This evening the group explore Queenstown including the Blue Kanu and rum bars.

Queenstown sits on the shore of crystal clear Lake Wakatipu among dramatic alpine ranges, it is known as the "adventure capital of the world". From sky-diving to fine dining, this resort town offers something for everyone.

We stay 3 nights at a centrally located hotel with easy access to all that this premier four season lake and alpine resort has to offer.

### Accommodation:

Novotel Queenstown or similar

## Day 15

**Locations:** Queenstown

### Overview:

Today the group has a jetboat ride followed by a picnic lunch up on the Makarora.

Jetboats were invented in New Zealand as a clever way of navigating the very shallow water we get on our South Island braided rivers. It is smooth, fast and very manoeuvrable. The boat takes you and your companions down the Makarora and up the Wilkin, showcasing some of the best jetboating terrain in the country – gravel banks, fast flowing rivers against a backdrop of Southern Alps, gin-clear water.

In afternoon we explore the region as a group with a trip to Wanaka then Arrowtown before returning to Queenstown in the afternoon for some free time before the evening meal.

### Accommodation:

Novotel Queenstown or similar

## Day 16

**Locations:** Queenstown

### Overview:

Today we travel up to Amisfield for lunch.

Amisfield was established in 1988 and is a Central Otago based specialist producer of Pinot Noir and aromatic white wines, sourced from fruit grown on their Single Vineyard Estate, situated beneath the glacially sculptured Pisa mountain range. Vineyards are managed holistically through organic practices focused around nurturing Amisfield's unique soils, vines and habitats – this combined with a rugged inland location and an extreme semi-continental climate, yields wines of remarkable purity, intensity and vibrancy. A state-of-the-art purpose built winery is the focal point of the vineyard and is designed to enable winemakers to craft wines with minimal intervention and as

naturally as possible

Tonight we enjoy an evening at the Botswana Butchery for dinner.

**Accommodation:**

Novotel Queenstown or similar

**Day 17**

**Locations:** Queenstown

**Overview:**

Tour concludes after breakfast.

## Inclusions / Exclusions

**What's included in our Tour**

- 16 nights accommodation.
- 16 breakfasts, 8 lunches, 14 dinners.
- Transport by modern and comfortable coach.
- Entrances and sightseeing as specified.
- Services of a Tour Leader for the duration of tour
- Detailed Preparatory Information

**What's not included in our Tour**

- Return international airfare and departure taxes.
- Comprehensive travel insurance.
- Items of a personal nature, such as telephone calls and laundry

**Level 2 - Moderate**

Participants must be able to carry their own luggage, climb and descend stairs, be in good health, mobile and able to participate in 3-5 hours of physical activity per day, the equivalent of walking/hiking up to 8 kilometres on uneven ground.

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Please do not hesitate to contact us with any requests for further information about this tour or any others offered by Odyssey Travel.