

## Scotland's Great Trails Walking Tour

### Reading List

#### **Wild Guide Scotland: Hidden places, great adventures & the good life**

by Kimberley Grant

A new compendium of adventures, from the best-selling Wild Guide series (winner of travel guidebook of the year 2015). This guide to Scotland and the Scottish highlands and islands, one of Europe's fastest growing adventure holiday destinations, explores the hidden parts of its better known tourist areas, as well many more remote regions, rarely visited by tourists. Guiding you to over 800 wild swims, ancient forests, lost ruins and hidden beaches. Including inns, wild camping, local crafts, artisan whisky distilleries and wild places to stay.

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#### **Walking the Line: A Curious Walker's Guide to the Formartine and Buchan Way**

by Janet M. McLeman

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#### **Rob Roy Way**

by Jacquetta Megarry

This book, fully updated in 2018, describes a popular week-long walk running for 79 miles (127 km) between Drymen and Pitlochry in the Highlands, passing some of Scotland's finest lochs and glens, using historic footpaths, a cycleway, disused railway trackbed, forest and moorland tracks and some minor road. Many places are linked with Scotland's most famous outlaw, Rob Roy MacGregor (1671-1734). The Way offers superb Highland scenery and passes impressive aqueducts and viaducts, castles and forts, a stone circle and visitor centres. It is less crowded and less strenuous than the West Highland Way, but passes through friendly villages with pubs and B&Bs. It was waymarked during 2012, but the guidebook has indispensable detailed directions and fascinating background. The guidebook was first published in 2002 and this third edition documents the many improvements made to the route over its first ten years. It contains all you need to plan and enjoy your holiday: altitude profile and route breakdown into 5-7 day stages; background on Rob Roy MacGregor, other history, heritage and wildlife; summary of each section showing distance, terrain and food/drink stops; drop-down map showing the whole route in five panels (1:110,000); visitor

attractions and hills to climb (Munros, Corbetts and Grahams); travel by car, train, bus or plane; foreword by Lord Steel of Aikwood; in full colour, with over 75 photographs; water-resistant paper throughout.

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### **The Rob Roy Way**

by Howard Hughes

With a combination of waterproof map and guide, in durable slip-case, this title features new maps based on OS data and 2013 route survey. It is presented in compact size and large scale mapping at 1:40,000

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### **In the Footsteps of Sheep: Tales of a Journey Through Scotland, Walking, Spinning, and Knitting Socks**

by Debbie Zawinski

In the Footsteps of Sheep details the completion of a mission the author, a Welsh-born Scot, set for herself: to travel and camp throughout Scotland, find cast off tufts of wool from 10 Scottish sheep breeds, then spin the wool on her spinning stick while walking (or waiting for ferries), and finally design and knit one pair of socks to represent each breed...all the while writing about her adventures and taking plenty of photographs. Debbie has written beautifully about her journey; the hills, shorelines, and bogs explored; the sheep and people she met along the way; weather both foul and fair, and a particularly exciting chapter about the intriguing St Kilda archipelago and its feral Soay and Boreray sheep. The eleven sock patterns, one at the end of each chapter, are a bonus and, for those of us unable to gather and spin our own fleece, all were test-knitted with commercial wool. The designs are knitted from top to toe with different motifs, among them color-patterns, cables, spirals, stripes, Kilt Hose with top-turnovers, and a pair of baby booties.

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