

## Discover Portugal

### Reading List

#### **Journey to Portugal: In Pursuit of Portugal's History and Culture**

by Jose Saramago

When José Saramago decided to write a book about Portugal, his only desire was that it be unlike all other books on the subject, and in this he has certainly succeeded. Recording the events and observations of a journey across the length and breadth of the country he loves dearly, Saramago brings Portugal to life as only a writer of his brilliance can. Forfeiting the usual sources such as tourist guides and road maps, he scours the country with the eyes and ears of an observer fascinated by the ancient myths and history of his people. Whether it be an inaccessible medieval fortress set on a cliff, a wayside chapel thick with cobwebs, or a grand mansion in the city, the extraordinary places of this land come alive.

Always meticulously attentive to those elements of ancient Portugal that persist today, he examines the country in its current period of rapid transition and growth. Journey to Portugal is an ode to a country and its rich traditions.

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#### **Culture Smart! Portugal**

This is the essential guide to customs and culture. It takes you beneath the surface of this fascinating country and shows you how to blend in and make the most of your visit.

Contents includes; local customs and traditions, the impact of history, religion and politics, the Portuguese at home, work and play, eating and drinking, dos and don'ts and taboos, business practices, communication (spoken and unspoken) and many more practical tips.

Split into nine distinct chapters so it is easy to find the reference needed and it is interspersed with images and fact boxes. This guide is particularly helpful if you have business plans as the chapters on Business Briefing and Communicating are very interesting.

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#### **The Portuguese: A Modern History**

by Barry Hatton

*Combining history and anecdote, Barry Hatton paints an intimate portrait of a fascinating country and its people*

Portugal is an established member of the European Union, one of the founders of the euro currency and a founding member of NATO. Yet it is an inconspicuous and largely overlooked country on the continent's south-west rim.

Barry Hatton shines a light on this enigmatic corner of Europe by blending historical analysis with entertaining personal anecdotes. He describes the idiosyncrasies that make the Portuguese unique and surveys the eventful path that brought them to where they are today.

In the fifteenth-and sixteenth-century Age of Discovery the Portuguese led Europe out of the Mediterranean into the Atlantic and they brought Asia and Europe together. Evidence of their one-time four-continent empire can still be felt, not least in the Portuguese language which is spoken by more than 220 million people from Brazil, across parts of Africa to Asia.

Analyzing present-day society and culture, *The Portuguese* also considers the nation's often tumultuous past. The 1755 Lisbon earthquake was one of Europe's greatest natural disasters, strongly influencing continental thought and heralding Portugal's extended decline. The Portuguese also weathered Europe's longest dictatorship under twentieth-century ruler Antônio Salazar. A 1974 military coup, called the Carnation Revolution, placed the Portuguese at the center of Cold War attentions. Portugal's quirky relationship with Spain, and with its oldest ally England, is also scrutinized.

Portugal, which claims Europe's oldest fixed borders, measures just 561 by 218 kilometers. Within that space, however, it offers a patchwork of widely differing and beautiful landscapes. With an easygoing and seductive lifestyle expressed most fully in their love of food, the Portuguese also have an anarchical streak evident in many facets of contemporary life. A veteran journalist and commentator on Portugal, the author gives a thorough overview of his adopted country.

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## Queen of the Sea: A History of Lisbon

by Barry Hatton

Lisbon's charm is legendary, but its vibrant 2,000-year history is not widely known, from its Roman legacy to its centuries under Moorish rule. Its journey from port town to Portugal's capital was not always smooth sailing--in 1755 the city was devastated by the largest earthquake ever to strike modern Europe, followed by a catastrophic tsunami and a six-day inferno that turned sand to glass. Barry Hatton unearths these forgotten memories in a vivid account of Lisbon's colourful past and present, bringing to life the 1147 siege during the Iberian *reconquista*, the assassination of the king, the founding of a republic and the darkness of a modern dictatorship. He reveals the rich, international heritage of Portugal's metropolis--the gateway to the Atlantic and the unrivalled Queen

of the Sea.

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