

## Namibia Wildlife and Culture Tour for Seniors

### Reading List

#### **History of Namibia: From the Beginning to 1990**

by Marion Wallace

In 1990 Namibia gained its independence after a decades-long struggle against South African rule--and, before that, against German colonialism. This book, the first new scholarly general history of Namibia in two decades, provides a fresh synthesis of these events, and of the much longer pre-colonial period. A History of Namibia opens with a chapter by John Kinahan covering the evidence of human activity in Namibia from the earliest times to the nineteenth century, and for the first time making a synthesis of current archaeological research widely available to non-specialists. In subsequent chapters, Marion Wallace weaves together the most up-to-date academic research (in English and German) on Namibian history, from the mid-eighteenth century to the present. She explores histories of migration, production and power in the pre-colonial period, the changes triggered by European expansion, and the dynamics of the period of formal colonialism. The coverage of German rule includes a full chapter on the genocide of 1904-8. Here, Wallace outlines the history and historiography of the wars fought in central and southern Namibia, and the subsequent mass imprisonment of defeated Africans in concentration camps. The final two chapters analyse the period of African nationalism, apartheid and war between 1946 and 1990. The book's conclusion looks briefly at the development of Namibia in the two decades since independence. A History of Namibia provides an invaluable introduction and reference source to the past of a country that is often neglected, despite its significance in the history of the region and, indeed, for that of European colonialism and international relations. It makes accessible the latest research on the country, illuminates current controversies, puts forward new insights, and suggests future directions for research. The book's extensive bibliography adds to its usefulness for scholar and general reader alike.

---

#### **Sands Of Silence: On Safari In Namibia**

by Peter Hathaway Capstick

From the successor to Ruark and Hemingway comes the most lavishly illustrated, historically important safari ever captured in print.

Peter Hathaway Capstick journeyed on safari through Namibia in the African spring of 1989. This was a nation on the eve on independence, a land scorched by sun, by years of bitter war. In these perilous circumstances, Peter Capstick commences what is surely the most thrilling safari of his stories career. He takes the reader to the stark landscape that makes up the Bushmen's tribal territories. There, facing all kinds of risks, members of the chase pursue their quarry in a land of legend and myth. the result is an exciting big-game adventure whose underlying themes relate directly to the international headlines of today.

In this first person adventure, Capstick spins riveting tales from his travels and reports on the Bushmen's culture, their political persecution, and the Stone Age life of Africa's original hunter-gatherers. In addition, the author explains the economic benefits of the sportsman's presence, and how ethical hunting is a tool for game protection and management on the continent.

Not since Peter Capstick's Africa has the author taken the reader along on safari. In this superbly illustrated book, Capstick returns to the veld with an ace video cameraman and leading African wildlife photographer Dr. M. Philip Kahl. one hundred of Dr. Kahl's striking color photos capture perfectly life and death in the "land of thirst."

---

## **The Black Rhinos of Namibia: Searching for Survivors in the African Desert**

by Rick Bass

"An extraordinary exploration and meditation . . . [Bass] transports us along on this wonder-filled tour, full of hardiness and hope, into an otherworldly place that mirrors our own." —National Geographic Traveler

Black rhinos are not actually black. They are, however, giant animals with tiny eyes, feet the diameter of laundry baskets, and horns that are prized for both their aesthetic and medicinal qualities. Until recently, these creatures were perched on the edge of extinction, their numbers dwindling as they succumbed to poachers and the ravages of civil war. Now their numbers are rising, thanks to a groundbreaking new conservation method from the Save the Rhino Trust: make sure that rhinos are worth more alive than dead.

Rick Bass, who has long worn the uneasy mantle of both activist and hunter, traveled to Namibia to find black rhinos. The tale of his journey provides a deeper understanding of these amazing animals and of just what needs to be done to protect them.

"Bass provides a singularly thoughtful portrait of a unique animal, and a meditation on mankind's relationship to both it and the natural world as a whole." —Minneapolis Star Tribune

---

## **Understanding Namibia: The Trials of Independence**

by Henning Melber

Since independence in 1990, Namibia has witnessed only one generation with no memory of colonialism - the 'born frees', who voted in the 2009 elections. The anti-colonial liberation movement, SWAPO, dominates the political scene, effectively making Namibia a de facto one-party state dominated by the first 'struggle generation'.

While those in power declare their support for a free, fair, and just society, the limits to liberation are such that emancipation from foreign rule has only been partially achieved. Despite its natural resources Namibia is among the world's most unequal societies and indicators of wellbeing have not markedly improved for many among the former colonized majority, despite a constitution enshrining human rights, social equality, and individual liberty.

This book analyses the transformation of Namibian society since Independence. Melber explores the achievements and failures and contrasts the narrative of a post-colonial patriotic history with the socio-economic and political realities of the nation-building project. He also investigates whether, notwithstanding the relative stability prevailing to date, the negotiation of controlled change during Namibia's decolonization could have achieved more than simply a change of those in control.

---

### **Conflict and Costume: The Herero Tribe of Namibia**

by Jim Naughten

The magnificent traditional costume of the Herero of Namibia, southern Africa, is a stark reminder of the country's tumultuous past. In the late 19th century, the influence of missionaries and traders in German Southwest Africa led to the adoption by the Herero of the European dress of the day. Over time, the voluminous gowns, completed by a cattle-horn-shaped headdress, came to represent the cultural identity of the Herero women. The men's ceremonial dress also harks back to colonial times: following the brutal war of 1904, the Herero adapted the uniforms of German soldiers for their own Otruppe ('troops') movement. In *Conflict and Costume*, acclaimed photographer Jim Naughten captures the colorful Herero attire in a series of spectacular portraits. Set against the Namibian landscape, these dramatic images show the striking costumes and their proud owners to full effect: men in elaborate, home-made paramilitary uniforms, and women in spectacular floor-length frocks with matching horns. Dr Lutz Marten contributes an insightful text that places the dress in its historical context.

---

### **Africa: A Modern History**

by Guy Arnold

The end of the Second World War signalled the rapid end of the European African empires. In 1945, only four African countries were independent; by 1963, thirty African states created the Organization of African Unity. Despite formidable problems, the 1960s were a time of optimism as Africans enjoyed their new independence, witnessed increases in prosperity and prepared to tackle their political and economic problems in their own way.

By the 1990s, however, the high hopes of the 1960s had been dashed. Dictatorship by strongmen, corruption, civil wars and genocide, widespread poverty and the interventions and manipulations of the major powers had all relegated Africa to the position of an aid 'basket case', with some of the world's poorest and least-developed nations.

By exploring developments over the last fifteen years, including the impact of China, new IT technology and the Arab Spring, the rise of Nigeria as Africa's leading country and the recent refugee crisis, Guy Arnold brings his landmark history of modern Africa up to date and provides a fresh and insightful perspective on this troubled and misunderstood continent.

---