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Morocco tour for senior travellers

Oct 07 2024 to Oct 26 2024

Morocco Small Group Tour: an exotic gateway to Africa

<u>The North African Kingdom of Morocco</u> is at the intersection of Europe and Africa, a gateway to two millennia of history. Step through and discover a world of colour, diversity and wonder, unlike anything you have experienced before. Rich traditions and heritage are very much alive here, but there is a paradoxical youthfulness to the culture, and a warmth that will draw you in. Wander through the narrow, bustling

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From **\$7,829** USD

Single Room \$9,997 usp Twin Room \$7,829 usp

Prices valid until 30th December 2024

20 days

Duration

Morocco Destination

Level 2 - Moderate Activity







streets of medinas in cities like Marrakech, Fes, and Chefchaouen. These historic marketplaces offer a sensory feast of colors, aromas, and traditional crafts. Get lost in the myriad cobbled alleyways of <u>UNESCO</u> <u>World Heritage Site Marrakech</u>, known for its iconic Jemaa el-Fnaa square, the historic Bahia Palace, and the serene Majorelle Garden. We drive through the scenic Atlas Mountains, where picturesque Berber villages and stunning valleys await. From Marrakech, we will do a day trip to the charming coastal town of Essaouira, known for its historic medina, vibrant arts scene, and scenic beaches. The city's fortified walls offer panoramic views of the Atlantic Ocean.

This tour in Morocco offers something for everybody, from adventurous nature walks and bustling marketplaces, to the pristine silence of the Sahara, enjoyed over traditional mint tea. Keep an open mind and heart, and you will be rewarded by unique travel experiences that will take your breath away.

Fez and the Oldest University and Library in the World

Highlights of this guided tour for mature and senior travellers include excursions to the <u>historic city of Fez</u>, Morocco's cultural and spiritual centre. Fez is the oldest of the four imperial cities in Morocco–namely, Fez, Marrakech, Meknes, and Rabat– and is located in the northern part of the country on the banks of the Wadi Fez.

Fez became the home of the oldest continuously operating university in the world, the <u>University of Al-Karaouine (also spelled al-Qarawiyyin)</u>, founded in 859 by Fatima al-Fihri. Little is known of Al-Fihri's early life, but in the early 9th century, <u>she migrated</u> with her family from Qayrawan in Tunisia to Fez, Morocco. She inherited a large fortune after her father's death, and used her inheritance to commission a mosque and madrasa (Islamic religious school) in order to give back to her adopted homeland. This complex eventually grew into a university, named after her birthplace.

The oldest university in the world was incorporated into the state education system in 1947 and began to be modernised. After a long hiatus, the monarchy restored traditional Islamic education at the university in 1988. Education at the University of Al-Karaouine (or al-

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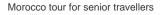
Qarawiyyin) now concentrates on Islamic religious and legal sciences, with a few lessons on non-Islamic subjects, such as French and English. It was not open to the public, and <u>in 2012</u>, when Morocco's Ministry of <u>Culture requested for an assessment</u> of the establishment's structural integrity, the assessor, Canadian-Moroccan architect Aziza Chaouni, was shocked to discover the poor state of the old mosque and madrasa. The government began taking steps to restore the library and <u>to</u> <u>preserve the rare manuscripts</u> housed within (which includes a 9thcentury Quran and the oldest known accounts of the life of the prophet Muhammad) and finally opened it to the public in 2016.

More Highlights: Cities Across the Sahara and On the Atlantic

We visit the UNESCO World Heritage listed city of <u>Rabat</u>. We explore <u>Tangier</u>, located just about 13 kilometres from Spain across the Straits of Gibraltar, where the Atlantic Ocean and the Mediterranean meet. This is Europe's gateway to Africa. Over the centuries, Tangier has been a haven for artists and writers drawn to its hotbed of culture and its spectacular views of the sea.

We board 4×4 vehicles and weave our way through various nomadic villages of the Sahara, and traverse the stunning fine sands of Merzouga. Staying in a hotel in Ouarzazate, we make a day trip to spectacular <u>Ksar of Ait-Ben-Haddou</u>, an impressive feat of Moroccan architecture which you may recognise from such films as *Lawrence of Arabia* and *Gladiator*. There's <u>Meknes</u>, an important heritage site touted to be the Moroccan Versailles, the vibrancy of Djemma EI Fna place in Marrakesh, and <u>Chefchaouen</u>, the famous 'blue town' in the Rif Mountains. We see the Roman ruins of Volubilis.

On this tour of Morocco, when we travel from one city to the next, we watch as the deserts give way to lush oases, or as mountains strike up before the red dunes. On our journey, we learn about traditional processes, such as leather-making and the extraction of prized Argan oil, understand the role of <u>Persian carpets</u> in living and the <u>symbolism of Mosques</u>. We meet people from Saharan nomads to charming street performers. The colours and patterns of the Moroccan landscape are matched only by the vibrant palettes of its' traditional crafts and wares.



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The same culture infuses the delicious local cuisine – which we sample by eating breakfast, lunch and dinner at a local restaurant.

Our trip will be accompanied by an Odyssey <u>Program Leader</u> and ushered along by a tour guide or local guide in each wondrous destination.

Tour Notes

Itineraries may change if flight schedules, site availability, and other inclusions have to be amended prior to departure.

Articles about Morocco published by Odyssey Traveller:

- Discover Morocco: Continental Crossroads
- The Literary Allure of Tangier, a City of Storytellers
- Marrakech
- Chefchaouen
- <u>A Library in Morocco, the worlds oldest.</u>
- Volubilis built by the Romans
- Ksar of Ait Ben Haddou
- Meknes
- Cave of Hercules
- Fez

For all the articles Odyssey Traveller has published for mature aged and senior travellers, click through <u>on this link</u>.

External articles to assist you on your visit to Morocco:

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- Secret corners of Morocco to discover in 2020
- The world's oldest centre of learning
- A look inside the daily lives of women in Morocco
- More than tagine: An expert guide to the best dishes to eat in Marrakech and where to find them

Highlights

- 1. Experience the vibrant Djemma El Fna place in Marrakesh
- 2. Learn about traditional crafts, like leather-making, ceramics, and Argan oil extraction
- 3. Step back in time as we explore historic Fez
- 4. Marvel at Moorish architecture on this Morocco Tour
- 5. Visit Ksar of Ait-Ben-Haddou, the historic sub-Saharan settlement that has a place in Hollywood

Itinerary

Day 1

Locations: Casablanca

Overview:

We make our way to the hotel individually. In the evening, we have a welcome meeting, followed by dinner at a local restaurant.

(D)

Accommodation:

New Hotel or similar





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Locations: Casablanca

Overview:

Following breakfast, we explore Casablanca, the business capital of Morocco. We start by visiting the French-inspired architecture of the Habous quarter, a unique example of how the French rebuilt a Moroccan medina while respecting the traditional style and habits. After lunch we will visit the great Hassan II Mosque, one of the largest mosques in the world (internal visit). Our tour also includes a visit to Anfa – the oldest part of Casablanca – followed by a stroll along the Ain Diab coast, which is dotted with swimming pools and restaurants. We finish the day with a group meal at our hotel.

(B, D)

Accommodation:

New Hotel or similar

Day 3

Locations: Rabat

Overview:

In the morning we head off to Rabat, Morocco's administrative capital. We visit the Mechouar Royal Palace: this is the primary and official residence of the King of Morocco. We visit the Oudaya Kasbah, a fortress built in the 12th century, and the mausoleum of Mohamed V, which contains the tombs of the king and his two sons. The building is considered a masterpiece of modern Alaouite dynasty architecture.

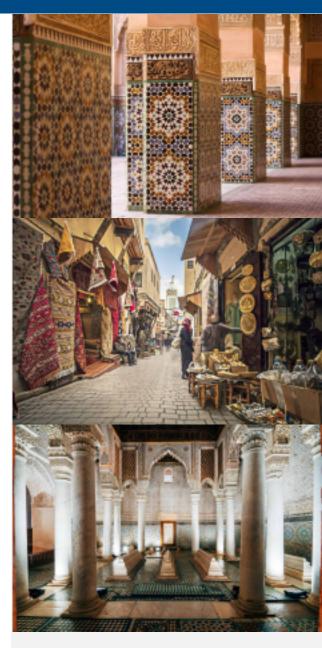
We then explore the Hassan Tower. Begun in the 12th century, the red sandstone tower forms part of an incomplete 12th century mosque. It was intended to be the world's largest, but construction stopped with the death of Sultan Abu Yusuf Yaqub al-Mansur, of the Almohad Caliphate.

(B)

Accommodation:

La Tour Hassan or similar

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Locations: Tangier

Overview:

Today, we make our way to <u>Tangier</u>. This major city is located on the Maghreb coast where the Mediterranean Seat meets the Atlantic Ocean. Its position at the western entrance of the Strait of Gibraltar places it right at the gateway between Europe and Africa. As such, it offers an incredibly unique blend of cultures.

On arrival at <u>Tangier</u>, the afternoon is set aside for your leisure.

(B)

Accommodation:

Marina bay or similar

Day 5

Locations: Tangier

Overview:

Today we experience a tour of this intriguing city, with visits to the Kasbah (medina) of <u>Tangier</u> and the Grand and Petit Soccos (bazaars). We view the Legation of the United States, which was the first American historical monument to be built outside of the States. We also visit St Andrews Church, which was consecrated in 1905 and exhibits a Moorish architectural style.

Finally, we make our way to the <u>Caves of Hercules</u>. This natural cave complex is located 14km west of <u>Tangier</u>. According to Greek mythology, this was the site Hercules went to rest after his exploits.

(B)

Accommodation:

Marina bay or similar



Locations: Chefchaouen

Overview:

Today we drive to <u>Chefchaouen</u>, Morocco's mysterious 'Blue City'. This mountain village offers a sense of tranquillity and calm, and its distinctive blue-washed buildings are like an oasis in arid lands.

The reason for the colourful palette attracts a variety of theories. Some speculate the blue repels mosquitoes. Others say that this hue was introduced by the Jewish population who fled Hitler in the 1930s. Either way, many believe the blue symbolises the sky and heaven, and this may account for the spiritual experience that many travellers speak of.

The city was founded in 1471 to defend against Portuguese invasions of the north, and attracted many people who escaped the Reconquista of Spain. Don't forget your camera as we wander the streets of Chefchaouen today!

(B, D)

Accommodation:

Hotel Parador or similar

Day 7

Locations: Chefchaouen - Volubilis - Meknes - Fez

Overview:

Today, we take a scenic tour to <u>Fez</u>. Along the way, we stop in at <u>the</u> <u>Roman ruins of Volubilis</u> and sacred town of Moulay Idriss Ist. Next, we continue on to <u>Meknes</u>. This city was founded by Moulay Ismail at the end of the 17th century, and is known as the Moroccan Versailles.

While in <u>Meknes</u>, we will visit the Dar Jamai Museum, and Bab Mansour – the best preserved gate in Morocco. We check out the intricately designed horse stables of Moulay Ismail which, perhaps surprisingly, is among the region's greatest ruins. Indeed, Ismail considered it his finest architectural achievement. It was built to accommodate 12,000 horses. Finally, we stop in at the Christian Prison, which is an eerie,

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underground space evocative of dark moments in history.

On arrival to <u>Fez</u>, we check in to our hotel and spend the remainder of the day at leisure.

(B, D)

Accommodation:

Palais medina & spa or similar

Day 8

Locations: Fez

Overview:

Ancient Fez is considered Morocco's cultural and spiritual centre. One of the holiest cities in the Islamic world, Fez will take you back in time. We learn about the city's history as a centre of government, philosophy, medicine and religion, while making our way through its most impressive landmarks and attractions. This includes the Jewish quarter, city ramparts, gates of the palace, and the Medersa Boulnania: this 14th century construction is considered a marvel of Marinid architecture.

We then take to the streets for a walking tour of Medina, a 9th century city that is home to one of the oldest universities in the world. We will visit the Borj Nord fort, and make the most of its' panoramic views across the tombs of the Merinids. As we pass through old Medina, we will witness craftspeople practicing traditional techniques, including a ceramic workshop to end the day.

(B)

Accommodation:

Palais medina & spa or similar

Day 9

Locations: Fez

Overview:

Today, we will visit one of <u>Fez</u>'s most iconic sights (and smells!). The Chaouwara tanneries offer a unique window into the production of world-class leather, using methods that have changed little since



medieval times. In 2015-16, the facility did, however, undergo a restoration to spruce up the crumbling environs surrounding the pits. Lucky for us, this includes the viewing terraces, affording us great vision of this fascinating process.

The remainder of the day is set aside for your leisure. You may like to catch up on some rest, or venture further into charming <u>Fez</u>.

(B)

Accommodation:

Palais medina & spa or similar

Day 10

Locations: Fez - Ifran - Midelt - Erfoud

Overview:

Today, we depart <u>Fez</u> for Erfoud. Along the way, we experience spectacular views of cedar forests, and visit the cute Barbary macaques at Ifran. We tour through the beautiful and scenic Midelt en route to the Sahara. And our passage through the Ziz Valley and Efous Oasis affords us incredible photo opportunities.

(B, L, D)

Accommodation:

Kasbah Hôtel Xaluca or similar

Day 11

Locations: Erfoud

Overview:

Our day begins at Erfoud's fossil factory and museum, where fossilised rocks are fashioned into decorative objects. Then, we make our way to the Saharaoui town of Rissani. We stop here for lunch, and to experience the regional speciality of Medfouna. This savoury pastry can be compared to an Italian calzone.

After lunch, we board 4×4 vehicles and weave our way through various nomadic villages of the Sahara, before we arrive at the edge of the dunes. We traverse the stunning fine sands of Merzouga as the red sun



falls toward the horizon.

(B, L, D)

Accommodation:

Kasbah Hôtel Xaluca or similar

Day 12

Locations: Ouarzazate

Overview:

Following breakfast, we depart for Ouarzazate, known locally as 'the door to the dessert'. We travel through several landmarks, both human and geological, including the Todra and Dades Valleys, the thousand kasbahs road, and Kalaat Megouna – the "Town of Roses".

We enjoy lunch en-route at Tinghir and dinner tonight is at our hotel.

(B, L, D)

Accommodation:

Hotel Ksar Ighnda or similar

Day 13

Locations: Ouarzazate

Overview:

Today, we explore Ouarzazate, including a stop at the Kasbahs of Tifelttout, whose atmospheric ruins emerge out of red sands.

Next, it's onto the UNESCO World Heritage-listed site of the Ksar of Ait-Ben-Haddou: an impressive feat of Moroccan architecture. Here, earthen buildings crowd together within defensive walls, in the style of pre-Saharan construction and dwelling.

Later we explore the local souk with our guide.

(B, D)

Accommodation:

Hotel Ksar Ighnda or similar



Locations: Marrakesh

Overview:

We journey from Ouarzazate to <u>Marrakesh</u> today. We drive along the Atlas Mountains following the Tizi n' Tichka. This scenic route brings you through lush oasis valleys, and alongside imposing mountains.

Little by little, the red earth of the country rises up, contrasting with the clear blue sky and the eternal green palms. Finally, we arrive at Marrakesh.

(B) (D)

Accommodation:

Adam Park or similar

Day 15

Locations: Marrakesh

Overview:

Today, we explore <u>Marrakesh</u> in detail. This second oldest imperial city is known as the 'Pearl of the South'. It boasts an impressive Jewish quarter and the Sidi bel Abbes Mosque – both of which we will visit. We also check out the Ben Youssef Madrasa, a 14th century Islamic college that now serves as a historic site. The Koutoubia Mosque is the largest in Marrakesh; we view this, along with the Bahia Palace.

Our day concludes at the world famous Djemma El Fna place, an exotic bazaar that promises varied and endless entertainments. Expect storytellers, snake charmers, fire-eaters, and more.

(B)

Accommodation:

Adam Park or similar



Locations: Marrakesh

Overview:

This morning, we enjoy a tour of Majorelle Garden, one of the most visited sites in Morocco. The enchanting garden is the product of forty years of passion from French artist Jacques Majorelle. Majorelle was a noted Orientalist painter, but is best remembered for *Les Jardins Majorelle*.

In 1923, the artist bought a four acre plot of land on the border of a palm grove. He began planting and establishing a luxuriant garden before commissioning architect Paul Sinoir to design a Cubist villa within the grounds. Majorelle later painted this villa in a distinctive cobalt blue which soon became synonymous with the gardens. In fact, this colour earned the name "Majorelle blue".

Majorelle continued to extend his garden, purchasing more land until it fell into disrepair for financial reasons. Mercifully, a second labour of love ensued, bestowed by renowned fashion designer Yves Saint Laurent and his partner Pierre Berge. They purchased the house and land during the 1980s and lovingly restored it. They also established the country's first Berber Museum here, devoted to the history and culture of these indigenous people. When Saint Laurent died in 2008, his ashes were scattered here in these gardens. It is now the site of the newly established *Musee Yves Saint Laurent Marrakesh*, a museum that honours the designer's contribution to haute couture.

We will wander among the reaching palms and exotic cacti of the gardens and visit the YSL foundation and museum.

Following this, the afternoon is set aside for your leisure.

(B)

Accommodation:

Adam Park or similar



Locations: Marrakesh - Essaouira - Marrakesh

Overview:

Today, we enjoy a day-trip to the former Portuguese town of Essaouira, a magnificent harbour city situated on the Atlantic Coast. It is often compared to the Greek islands for its picturesque blue-shuttered houses. The city is also famed for its Gnaoua connection, referring to an ancient tradition of African spiritual songs and rhythms. Essaouira is the ensorcelante city of the musicians Gnaoua, and site of a music festival to honour this tradition in June each year.

But first, we drive to Ounagha to learn about the vast Argan tree plantations and meet the women who extract this sought-after 'Moroccan oil' using ancestral processes.

On arrival in Essaouira, we will be seduced by its historic ramparts which shelter sophisticated medieval architecture, a unique colour palette and a laid-back atmosphere that attracts artists and creatives. We enjoy a seafood lunch at a local restaurant.

In the afternoon, we enjoy a tour of Essaouira, taking in the great Moulay-Hassan square, the Grand Mosque, and Siaghine Alley. In the old town, we discover traditional Moorish art and cedar woodwork. We will learn about the city's history here, as we weave through its mazelike streets and trace along its defensive walls.

We return to our accommodation in <u>Marrakesh</u> for the evening.

(B, L)

Accommodation:

Adam Park or similar

Day 18

Locations: Marrakesh

Overview:

Today we enjoy a full day of leisure – there are no scheduled activities. You might like to revisit some of your favourite sites so far, or use the day to discover more of <u>Marrakesh</u>'s secrets. Alternatively, you may



spend it relaxing and soaking up the atmosphere! (B)

Accommodation:

Adam Park or similar

Day 19

Locations: Marrakesh

Overview:

This morning we visit the ruins of El Badi Palace. Its red pise walls and grand structure are enough to suggest its former glory: the palace was once nicknamed "The Incomparable". It was commissioned by Saadian sultan Ahmed el Mansour in 1578. The funds for the project came from the ransom paid by Portuguese after the Battle of the Three Kings. The sunken gardens and 90 metre pool are still visible, and evoke a lingering sense of the luxury that once occupied this space.

As the Saadians fell and the Alaouite dynasty ascended, the palace entered a period of decline. Sultan Ismail Ibn Sharif systematically stripped the palace of its contents, material and decor to fund the construction of a new palace at his capital, Meknes.

Following Badi Palace, we visit the Saadian tombs. Al Mansour spared no expense here, either! He imported Italian Carrara marble and guilded the decorative, honeycomb shaped plasterwork with pure gold for the Chamber.

Two lavish mausoleums house around sixty tombs for members of the Saadi dynasty, with many more set in the surrounding gardens. All are overshadowed by the mausoleum of Al Mansour's mother; its poetic carvings are guarded by stray cats.

Next, we check out Bab Agnaou, one of the nineteen gates of <u>Marrakesh</u>. Bab el Roor may have been the city's official entrance, but Bab Agnaou gave entrance to the royal kasbah in the southern part of <u>Marrakesh</u>'s medina. It was built in the 12th century during the Almohad



dynasty.

Our afternoon is free for your leisure, but we reconvene for a farewell dinner.

(B, D)

Accommodation:

Adam Park or similar

Day 20

Locations: Marrakesh

Overview:

Our tour concludes after breakfast.

(B)

Inclusions / Exclusions

What's included in our Tour

- 19 nights of accommodation.
- 19 breakfasts, 4 lunches, and 10 dinners.
- Services of Tour Leader for the duration of tour.
- Transport in comfortable and modern coaches or 4x4 vehicles
- All excursions, entrance fees, and local guides.
- Gratuities and necessary tips.

What's not included in our Tour

- International airfares and departure taxes.
- Comprehensive travel insurance.
- Items of a personal nature such as telephone calls and laundry.



Level 2 - Moderate

Participants must be able to carry their own luggage, climb and descend stairs, be in good health, mobile and able to participate in 3-5 hours of physical activity per day, the equivalent of walking/hiking up to 8 kilometres on uneven ground.

Please do not hesitate to contact us with any requests for further information about this tour or any others offered by Odyssey Travel.

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