



From
£7,505 GBP

Single Room
 £8,827 GBP

Twin Room
 £7,505 GBP

Prices valid until
 30th December 2026

18 days
 Duration

France
 Destination

Level 4 - Challenging
 Activity

Loire Valley Walking Tours | Small Group Tours of France

Sep 14 2026 to Oct 01 2026

Walking Tour of the Loire Valley

Odyssey Traveller Loire Valley Walking tours are an 18-day small group walking tour especially designed for the active senior or mature-aged traveller, for couples or solo travellers.

The Loire Valley is the largest site ever registered in France as a World Heritage site by UNESCO and is regarded as one of .the most beautiful regions of France. The Loire valley walking tours cross a multitude of historic towns and villages, rich with architectural heritage and ancient



history as the Loire valley itinerary follows the river Loire. Many of these buildings including castles with history are explored on this Loire valley itinerary. This Loire Valley walking tours reveals religious buildings and castles such as Chambord castle, Loire valley vineyards beautiful cultivated land and wild landscapes.

The landscape that we explore on foot has witnessed thousands of years of interactions between man and nature. It is a cultural landscape of exception. The river Loire is central to the Loire valley itinerary as we walk through these memorable landscapes. The river Loire is the largest river in France, nicknamed “the Royal River.” The Loire Valley was chosen as a royal residence in the 15th and 16th century. On this walk often with a local guide, we take several days in several locations to explore the cultural heritage of these landscapes. Your walk as part of a small group of like minded people on one of these Loire Valley walking tours is an amazing history led experience of the Loire Valley will be unforgettable.

Those walkers with an interest in walking in France on some of the most spectacular paths in the Loire Valley. Not only do you walk through amazing landscapes, but you also spend time visiting some of the country’s most famous chateaux. The tour is designed so that participants can do all of the proposed walks or opt out on days when they’d rather simply explore the more immediate environs of their accommodation.

Loire Valley walking tours, France

The Loire Valley is one of France’s most popular tourist destinations. However, on this tour, you’ll have the chance to see rather more than the average tourist. The Loire river has long been an important trading route. As a result of this trade the valley is dotted with major settlements including Orleans, Blois, Tours and Angers. These historic towns are nestled in to a landscape of rolling vineyards, forests and hunting



lodges.

On any of the Loire Valley walking tours, you'll have the chance to explore the countryside. As a small group you visit some of the more interesting chateaux. Some of the places visited include Chenonceau, and Chinon. There will also be time to wander through Medieval towns, such as Loches. Enjoy a wine tasting at the Chateau de la Viliane. The stretch of the valley that this tour follows between Sully-Sur-Loire and Angers has been designated as a World Heritage Site because of its 'outstanding cultural landscape'. On this tour of the Loire valley, there is something for everyone.

Our Loire Valley walking tours begin in Orleans, just north of the river Loire. This small group of mature and senior walkers then travel west along the valley towards Angers and Saint-Florent le Vieil. Along the way we'll pass through Blois, Amboise, Tours and Saumur. There will also be time for a few interesting side trips to towns such as Loches and Chrissy-sur-Manse.

Typically each day this small group covers between 8 to 15 kilometres a day of walking. The duration of each day's walking is influenced by the weather, as well as the level of group fitness and the structured activities organised. For Odyssey Travellers Walking in France is about a journey that walks through time. This walk through the Loire Valley provides the platform for history and culture to be explored in the amazing landscapes of one of the best regions of France with an excellent local guide .

For more details about this tour, click the 'Top 5' or 'Itinerary' buttons above! If you're keen to experience this tour, [please call](#) or [send an email](#). Or, to book, simply fill in the form on the right hand side of this page.

You can also browse Odyssey's country profile on [France](#) where all other tour departures are listed as well.



About seniors walking tours from Odyssey Traveller

Odyssey Traveller offers a range of walking tours each year paced for senior travellers. The collection of walks are for active mature and senior travellers, particularly those who seek out walking tours that are typically off the main circuit. To help you prepare for any walking program whether with Odyssey or another company this list of articles is intended to help you prepare for your holiday.

- articles on Selecting walking shoes for women
- article on footwear and walking shoes
- article on what to pack when travelling.
- article on maintaining muscle fitness in senior and mature age travellers
- article on selecting socks for walking
- article detailing six great short walks in Britain
- article on preparing for a walking holiday
- article on Pilgrim walks in Europe
- article on Preparing for a walking holiday

Articles about France & the Loire Valley published by Odyssey Traveller

The following list of articles, represents some of the articles published by Odyssey Traveller for mature aged and senior travellers to maximise their knowledge and enjoyment of France and in particular the Loire valley when visiting;

- The Historic Loire Valley
- The Loire Valley

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<https://www.odysseytraveller.com>



- [Ten things to do in France when you visit](#)
- [Questions about France](#)
- [Studying Gargoyles and grotesques](#)
- [Understanding South West France](#)
- [Around the world in six coffees](#)
- [Ten of the Best art galleries in Europe to visit.](#)
- [A guide on France for mature travellers](#)

External articles to assist you on your walks through the Loire Valley.

- [Exploring Chartres cathedral](#)
- [War of religion; France](#)
- [Published articles on French history.](#)
- [Five great castles to explore in the Loire Valley](#)

Highlights

1. Visit the fabulous Chateaux de Chenonceau
2. Explore pretty Azay le Rideau
3. Walk the trail of the Candes Wine estate.
4. Enjoy panoramic views of the Loire and Vienne rivers.
5. Take a 15-kilometre hike along the Corniche Angevine to Rochefort sur Loire.

Itinerary

Day 1

Locations: Orleans

Overview:

Make your own way to your hotel in Orleans and meet with your Odyssey Program leader in the afternoon. (There is an airport in Orleans or you might like to take the train from Paris.) This evening we'll walk to a local restaurant for dinner.

Accommodation:

Overnight Ibis Orleans Centre Gare or similar.

Day 2

Locations: Amboise

Overview:

After breakfast, there will be a half day city tour with a local guide to take in the main sights. Orleans is, of course, famous as the city most associated with Joan d 'Arc so a view of her statue and a visit to the Maison Jeanne d 'Arc will be included. There will also be time this morning to visit the Saint Croix Cathedral. In the afternoon, our touring coach will transfer us to Amboise where we will spend the night. On the way to Amboise we will have time to enjoy a guided visit to Chambord castle. Dinner tonight will be in our hotel.

Accommodation:

Overnight Hotel Bellevue or similar.

Day 3

Locations: Amboise

Overview:

After breakfast this morning, our coach will transfer us to the town of Blois where we'll have some free time to explore. From Blois, we'll drive to Sèvres to walk the 12k water mills of Sèvres trail with a local specialist guide before returning to Amboise. Tonight, you'll have the chance to explore Amboise and eat out in a restaurant of your own

choice.

Accommodation:

Overnight Hotel Bellevue or similar.

Day 4

Locations: Amboise

Overview:

After breakfast, we'll take the coach to Saint Ouen les Vignes where we'll meet with our specialist guide for the 8k circular trail. Lunch will be included at a local restaurant. After lunch, we drive to Chenonceau for a guided visit to the chateau and then return to Amboise for the night. Dinner is not included tonight.

Accommodation:

Overnight Hotel Bellevue or similar.

Day 5

Locations: Tours

Overview:

After our continental style breakfast, this morning we say goodbye to Amboise and head towards Tours. Our first stop will be at Azay Sur Cher where we will take the 10kms circular Cher Valley trail, stopping along the way to eat our packed lunch. In the afternoon, we will drive to Rochecorbon and visit the Chateau Gaudrelle winery for a tour and tasting. Dinner tonight will be in Tours.

Accommodation:

Overnight Ibis Styles Tours or similar.

Day 6

Locations: Tours

Overview:

After breakfast this morning, we take a drive to Esvres-sur-Indre, where we walk the 10kms trail with our specialist guide. En-route we'll stop to eat our packed lunch. In the afternoon, we'll drive to Loches with time to explore the pretty town of Loches dating back to the Medieval and Renaissance periods. From Loches we'll return to our hotel in Tours. Dinner tonight will be at your own expense and a chance to explore the local restaurants.

Accommodation:

Overnight Ibis Styles Tours or similar.

Day 7

Locations: Tours

Overview:

This morning, there will be a guided city tour including a visit to Tours cathedral. The rest of the day will be free for you to explore the city. Our included dinner tonight will be in a local restaurant.

Accommodation:

Overnight Ibis Styles Tours or similar.

Day 8

Locations: Tours

Overview:

This morning our touring coach takes us to Brehemont where we meet up with our specialist guide for the 12kms circular trail between the Indre and Loire rivers. This will include a scenic walk along the rivers and a stop for lunch at own expense. The remainder of the day will be free. No dinner included tonight.

Accommodation:

Overnight Ibis Styles Tours or similar.

Day 9

Locations: Tours

Overview:

This morning after breakfast we drive to the pretty town of Azay-le-Rideau where we'll have time to explore before setting out on our 13kms walk to the Chateau D'Usse. Entrance to the castle is included. After our visit to the castle we will return to Tours. Dinner tonight is not included.

Accommodation:

Overnight Ibis Styles Tours or similar.

Day 10

Locations: Saumur

Overview:

This morning we say goodbye to Tours and head towards Saumur where we will spend the next four nights. Our first stop this morning will be in Monts where we will visit the Candès Estate for a 5kms guided walk through the vineyard and along the Saint Laurent Valley. From here we drive to Chinon and walk the preserved area of Les Pays du Chinonais. Lunch today will be included at a local restaurant. In the afternoon, we drive to our accommodation in Saumur. Dinner tonight will be provided in our hotel.

Accommodation:

Overnight Qualys Hotel Le Londres or similar.

Day 11

Locations: Saumur

Overview:

After breakfast, this morning we drive to Panzoult for our 10kms guided walk through woods and vineyards. We can admire the view over the valley of the Manse river and walk to the Cave des Vignerons. In the afternoon, we return to Saumur where we have entrance to the Ecole

Nationale de Equitation. Dinner tonight is not included.

Accommodation:

Overnight Qualys Hotel Le Londres or similar.

Day 12

Locations: Saumur

Overview:

This morning we drive to Avon Les Roches for a 10kms walking tour in the area including views of the ruins of the collegiate church of Roches Tranchelion. From here we take the short drive to Crissay sur Manse where we will have time for lunch and the chance to explore the town. Dinner is not included tonight.

Accommodation:

Overnight Qualys Hotel Le Londres or similar.

Day 13

Locations: Saumur

Overview:

This morning our coach takes us Champigny sur Veude for our 11kms guided walk along the Veude river. Entrance to the Chapelle Saint Louis will be included on this walk. In the afternoon, we return to Saumur where we visit Le Musee du Champignon. Overnight Qualys Hotel Le Londres or similar.

Accommodation:

Overnight Qualys Hotel Le Londres or similar.

Day 14

Locations: Angers

Overview:

Today we have two shorter walks on our way to the city of Angers. After breakfast, we drive to Candès St Martin for our 4kms walk around the

area with panoramic views of the Loire and Vienne rivers. From here we drive to Gizeux for another 4kms walk around the area to view the main sights. In the afternoon, we continue to Angers where we stay for the final four nights of our tour. Group dinner this evening.

Accommodation:

Overnight Hotel de Champagne or similar.

Day 15

Locations: Angers

Overview:

This morning we have a specialist guide for our local historical tour. The tour includes entrance to Angers Castle with a view of the famous Apocalypse tapestry. The afternoon is yours to explore the city at leisure. In the late afternoon we visit the Cointreau Le Carre Distillery.

Accommodation:

Overnight Hotel de Champagne or similar.

Day 16

Locations: Angers

Overview:

This morning we drive to Chalonnes sur Loire where we set out on our 15kms walk to Rochefort with our specialist guide. We walk along the Corniche Angevine ridge of hills and stop along the way to eat our packed lunch. In the afternoon, we return to Angers.

Accommodation:

Overnight Hotel de Champagne or similar.

Day 17

Locations: Angers

Overview:

This morning we drive to St Florent le Vieil to walk the circular 15kms path. We will start our walk at the St Florent le Vieil abbey church and then take the riverside path. We stop to eat our packed lunch along the way and continue on past Notre Dame du Marillais and the village of le Seil. In the afternoon, we return to Angers. Our farewell dinner tonight will be in a local restaurant. Overnight Hotel de Champagne or similar.

Accommodation:

Overnight Hotel de Champagne or similar.

Day 18

Locations: Angers

Overview:

Tour concludes after Breakfast

Inclusions / Exclusions

What's included in our Tour

- 17 nights of accommodation.
- 17 breakfasts, 2 lunches, 6 packed lunches and 6 dinners.
- Services of a Tour Leader for the duration of tour.
- Applicable entry fees and services of local guides.
- Gratuities and necessary tips.
- Detailed tour information booklet.

What's not included in our Tour

- International flights and departure taxes.
- Comprehensive travel insurance.

- Items of a personal nature such as telephone calls and laundry.

Level 4 - Challenging

Participants must have a high level of physical fitness and appropriate expertise in the program activities, and should expect full days of fast-paced, strenuous physical challenges.

Please do not hesitate to contact us with any requests for further information about this tour or any others offered by Odyssey Travel.